

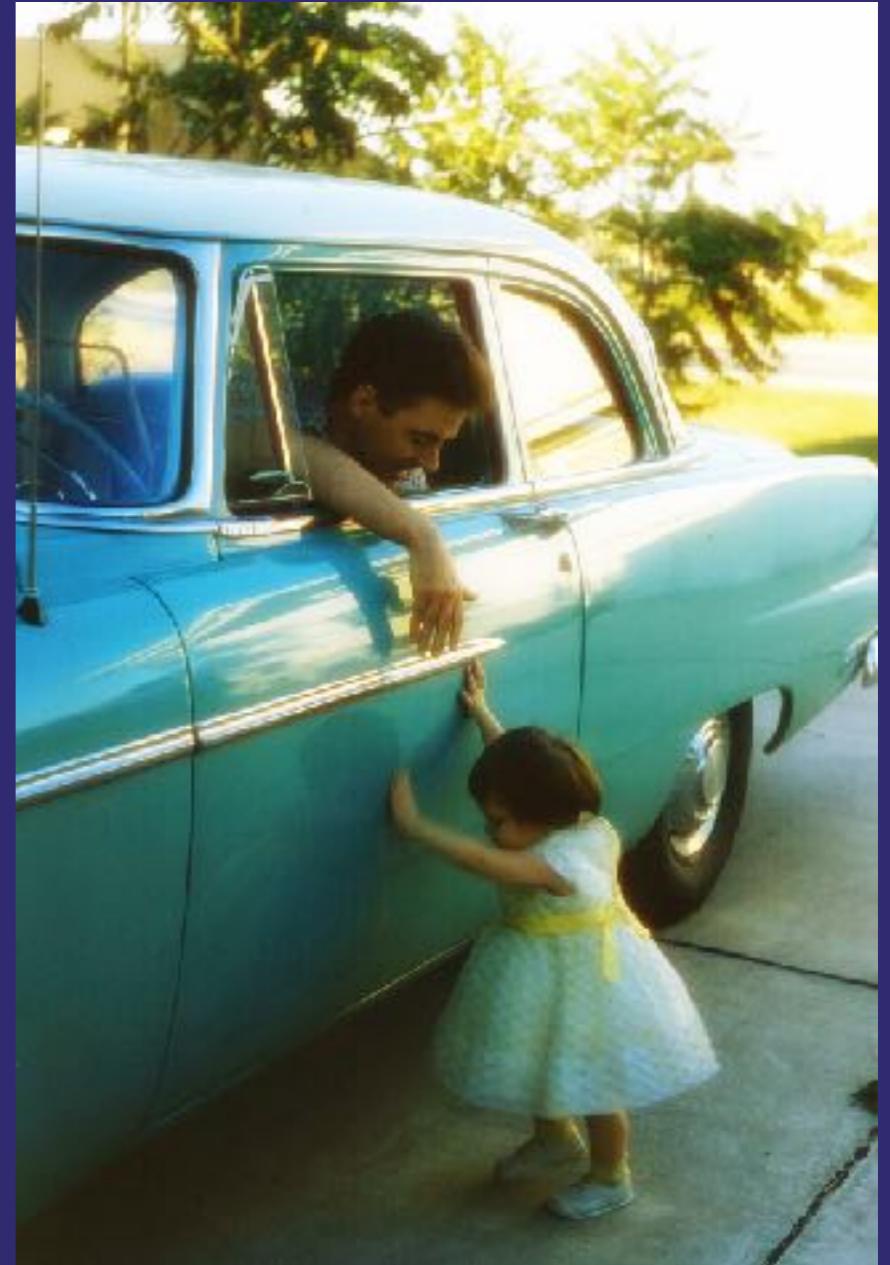
The Third Eye: Evolving Your Way of Seeing

Mindcamp Canada
August 2017



Learning Objectives

- Using your smartphone or tablet to capture and depict reality through photo enhancement
- Exploring various ways to “creativity” express your photos
- Experience techniques that will push your seeing and image-capturing towards unique perceptions of self and the evolving world around you

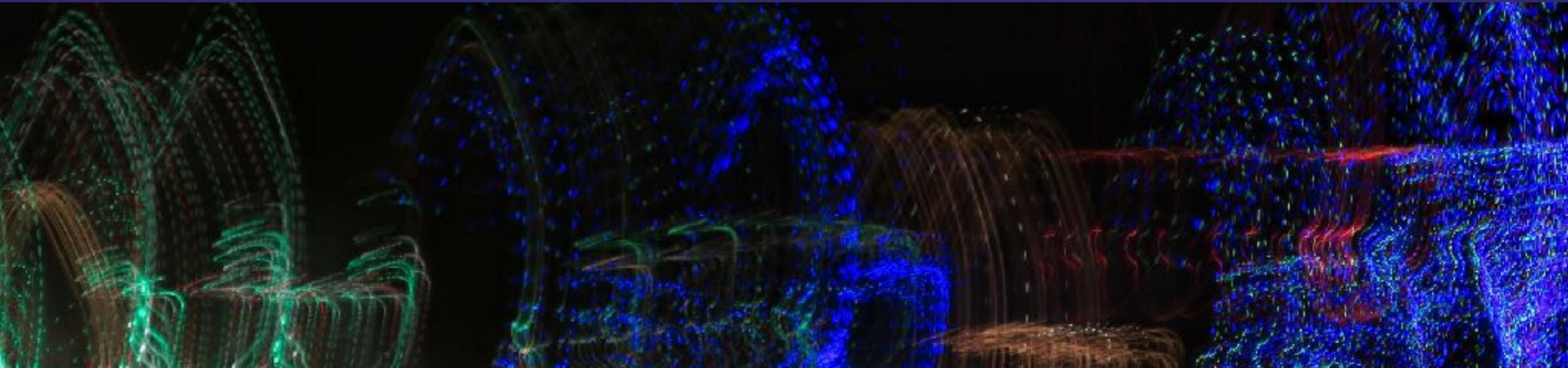


Day by Day Overview

- Day 1: Fundamentals of Image Capture (75 minutes)
- Day 2: Depicting Reality (75 minutes)
- Day 3: Abstraction and Creative Expression (75 minutes)
- Day 4: Defining Your Third Eye—Prophetic Wisdom: The Third Third (120 Minutes)

Things We Will be Using Throughout the Week

- Absolute musts:
 - Image Capture Device
 - Two Apps: Snapseed and PicsArt
 - Enough space on your Image Capture Device to take and create images



iPad Only

Any Price

All Categories

By Relevance

All Ages

snapseed



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Bazaar Photo
Editor Pro a
Ad Bazaar
★★★★★ (4,1)

"When you need to create something extraordinary" - Apple, Inc.

Award-winning app Bazaar Photo Editor Pro offers beautiful edits, gorgeous photo filters and stunning collages with creative tools, fast processing and unparalleled simplicity. Get boundless creativity....



Snapseed 4+
Google, Inc.
★★★★★ (158)

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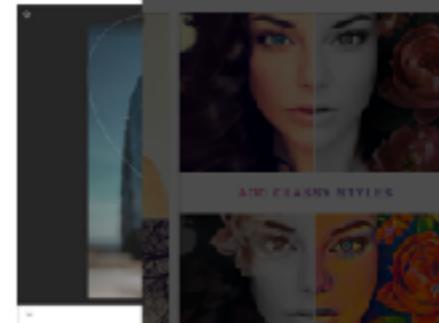
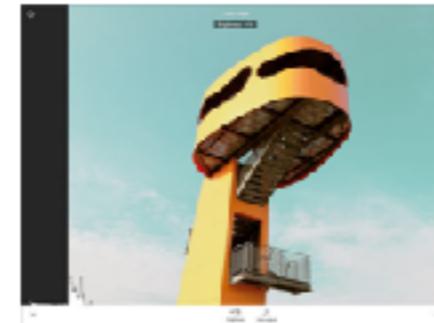
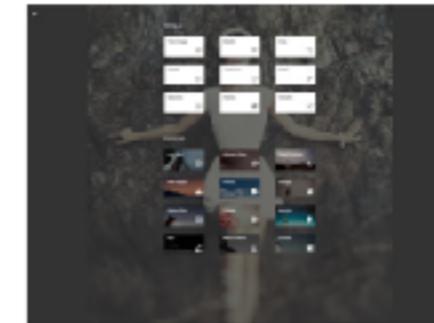
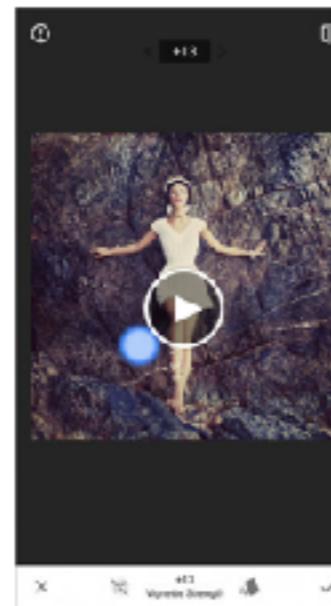
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Description

Snapseed is a complete and professional photo editor developed by Google.

== KEY FEATURES ==

- 26 Tools and Filters, including: Healing, Brush, Structure, HDR, Transform (see list below)
- Opens JPG and RAW files... [more](#)

What's New Mar 21, 2017

- New filter: Double Exposure. Blend two photos and choose from blending modes that are inspired by analog film techniques as well as digital image processing.
- New tool: Pose. Change the pose of portraits based on three-dimensional models.
- New tool: Expand. Increase the size of your canvas and fill up the new space in smart ways with content from your image.



Rookie Cam
Photo Editor
JellyBus Inc.
★★★★★ (3,2)

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ROOKIE CAM™
Photo Editor & Filter Camera



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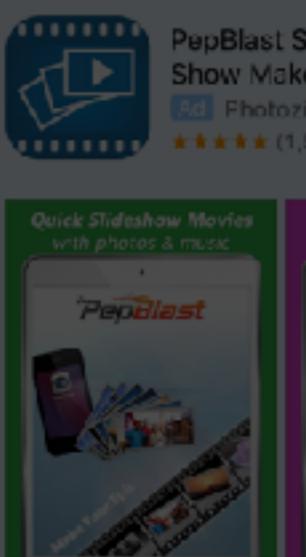
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Q picsart

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Photo Slideshow

Ad Photo editing

★★★★★ (1,5)



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PicsArt Photo Studio: Collage Maker & Pic Editor 12+

PicsArt, Inc.

Offers In-App Purchases

★★★★★ (85)

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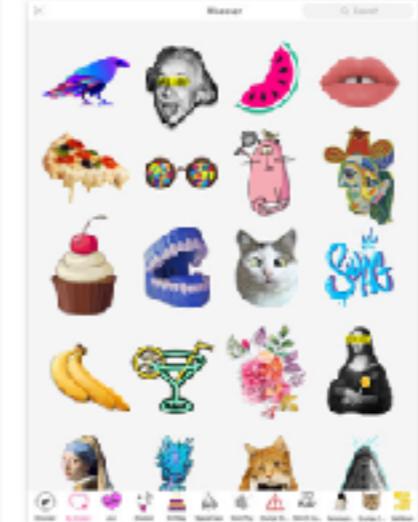
CREATE COLLAGES



ADD MAGIC EFFECTS



MAKE AWESOME STICKERS



Additional Screenshots

iMessage

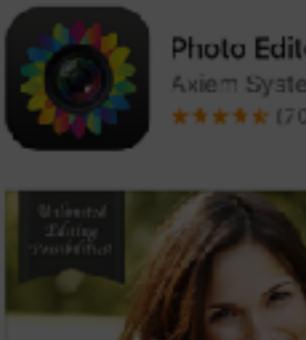


Photo Editor
Axiem Systems

★★★★★ (700)

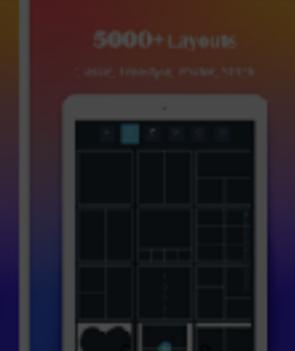
Description

400 million installs strong, PicsArt is the #1 photo editor and pic collage maker on mobile. Download PicsArt and enjoy our tools, effects, collage maker, camera, free clipart library, millions of user-created stickers and our drawing tools. PicsArt's all about making awesome pictures and having fun by remaking free-to-edit pictures into awesome collages and memes.

With our collage maker, drawing tools, photo editor, camera and more, PicsArt's your all-in-one creative suite. And it's F... [more](#)

Collage & Photo E...
mobile
★ (307)

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★ (1,704)

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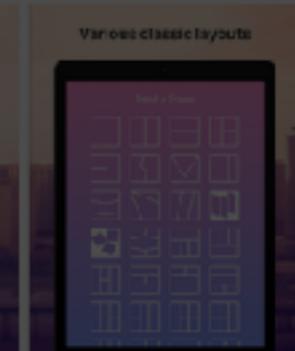
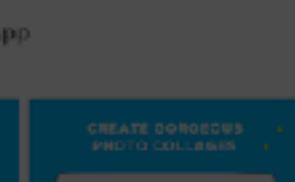


Photo Collage M...
works, Inc.
★ (574)

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CREATE DAZZLING PHOTO COLLAGES



Expectations

- What do you expect from this MindU workshop
“The Third Eye”?

Agenda: Day One

Getting Familiar with Image Capture

- Welcome and Introductions
- Getting familiar with your image capture device
- Basic guidelines for taking “realistic” photos
- Simple editing using your phone or tablet
- Your assignment: Take realistic photos around Mindcamp and select “5”

What, How, and Why?

- Form three columns for three questions:
 - What do you typically take photos of? What is your subject matter?
 - How do you typically take a photo? Describe this in as much detail as you can
 - What are all of the reasons “why” you take photos? Why else?

Getting Familiar with Your Image Capture Device

- How:
 - Walk around the room with your image capture device
 - I will stop you
 - Take a photo of what you see



Outside Exercise

- What you need:
 - Image Capture Device
- What you will be doing:
 - I will give you a specific spot. You are frozen in this spot.
 - Take a few minutes to just look around
 - Think about depicting “reality” and take 5 to 10 photos
 - Remember: You are still frozen to this spot

Simple Editing

Day 1: Assignment

- Take lots of photos; Capture anything that interests you!
 - During sessions
 - While taking a walk
 - During meals
 - Enjoying the beach
 - Etc Etc
- Select 5 that you might want to work with on Day 2

Agenda: Day Two

Depicting Reality

- Sharing of 3 photos from yesterday
- Discussion: What is a realistic photo?
- Editing your assignment photos using Snapseed
- Your assignment: Take photos as if you were creating a news story about Mindcamp

Realistic Photos

- What is a realistic photo?
- When do you want a realistic photo?

Getting Closer to Your Realistic Vision

As Captured



Remove Distractions



Crop



Original



Cropped



Original



Cropped



Original



Cropped, Perspective, Healing



Hands On Editing using Snapseed

iPad Only

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snapseed



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COLOR POP

Photo Editor with Filters



Lab: Picture
effects &...
LLC
★ (8)

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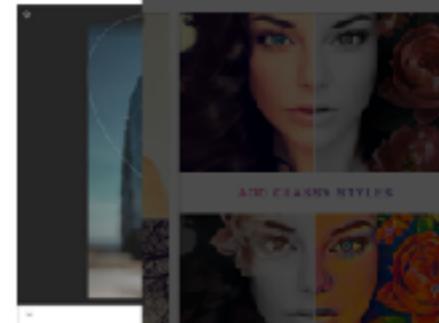
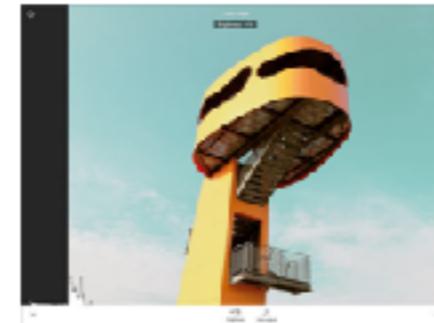
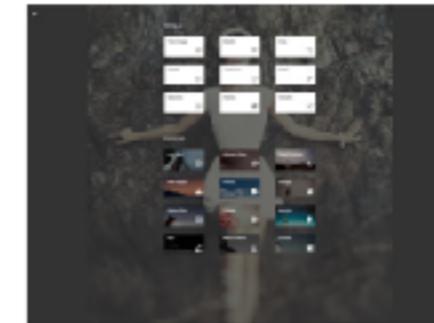
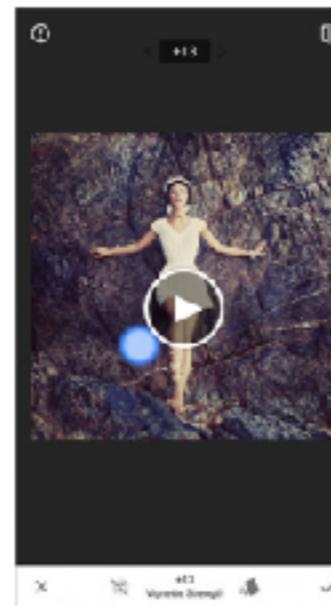
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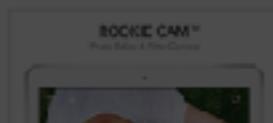
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Rookie Cam
Photo Editor
JellyBus Inc.
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Updates

Basic Guidelines

Basic Composition Guidelines

Switch to Composition Module

Day 2: Assignment

- Take photos as if you are creating a news story about Mindcamp from one of these perspectives:
 - High Fashion Portrait Photographer
 - Sports Photographer
 - Tabloid Photographer
 - Street Photographer
 - Alien from another planet
- Select 5 photos that illustrate your story; bring to Day 3

Agenda: Day Three

Abstraction and Creative Expression

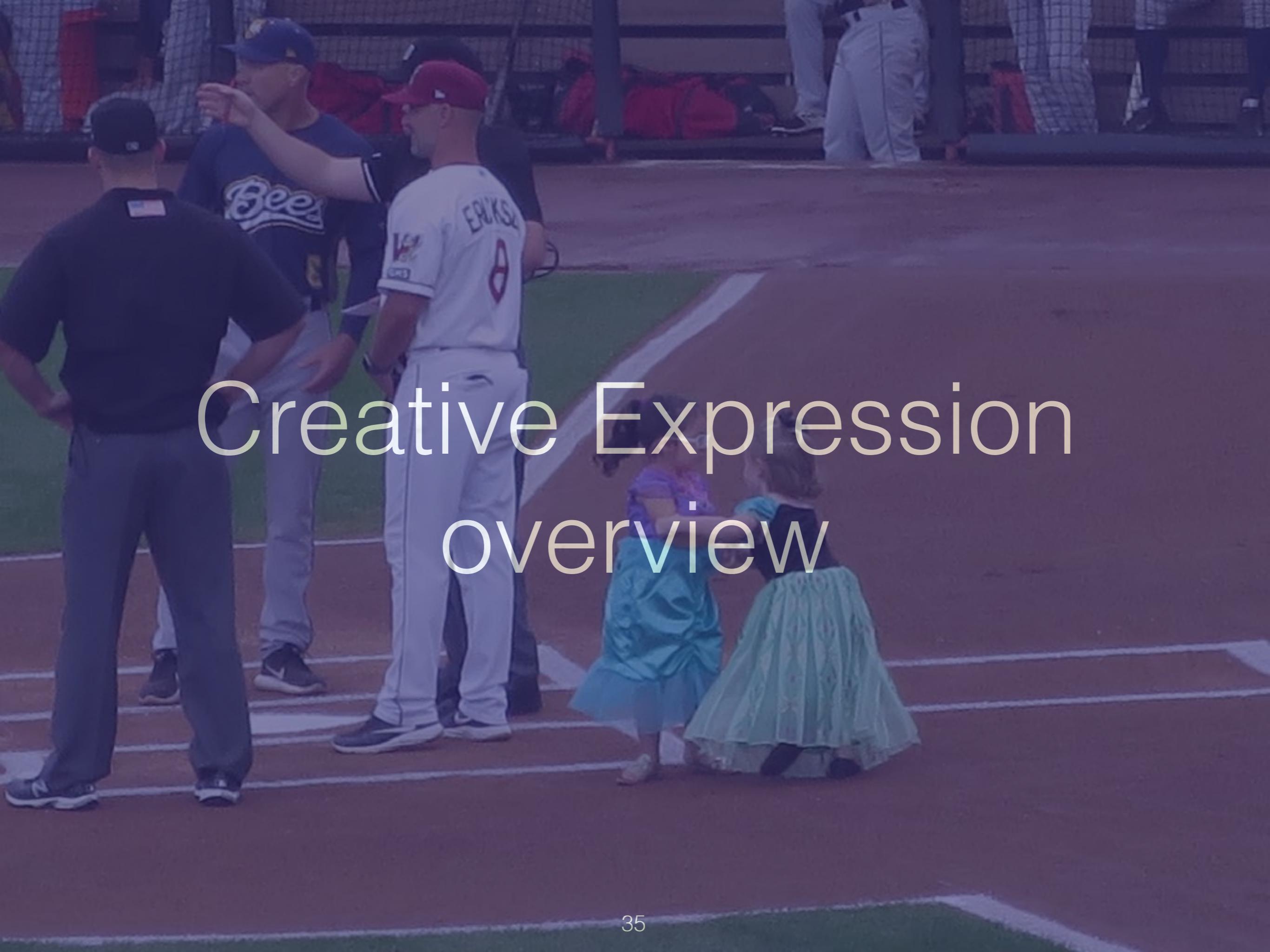
- Sharing of photos and stories
- Overview of Creative Expression and Abstraction
- Editing for Creative Expression
- Your assignment: Take photos around Mindcamp that are abstract and represent you at three different points in time

Sharing of Mindcamp Stories



Day 2: Assignment

- Take photos as if you are creating a news story about Mindcamp from one of these perspectives:
 - High Fashion Portrait Photographer
 - Sports Photographer
 - Tabloid Photographer
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- Select 5 photos that illustrate your story; bring to Day 3

A photograph of a baseball game. In the foreground, a player in a dark blue 'Bees' uniform is seen from behind, looking towards the field. To his right, another player in a white uniform with 'ERICKSON' and the number '8' is standing near the baseline. In the background, a coach in a dark polo shirt and light-colored pants stands in the dugout area, which is filled with other team members in red uniforms.

Creative Expression overview



ERIKS
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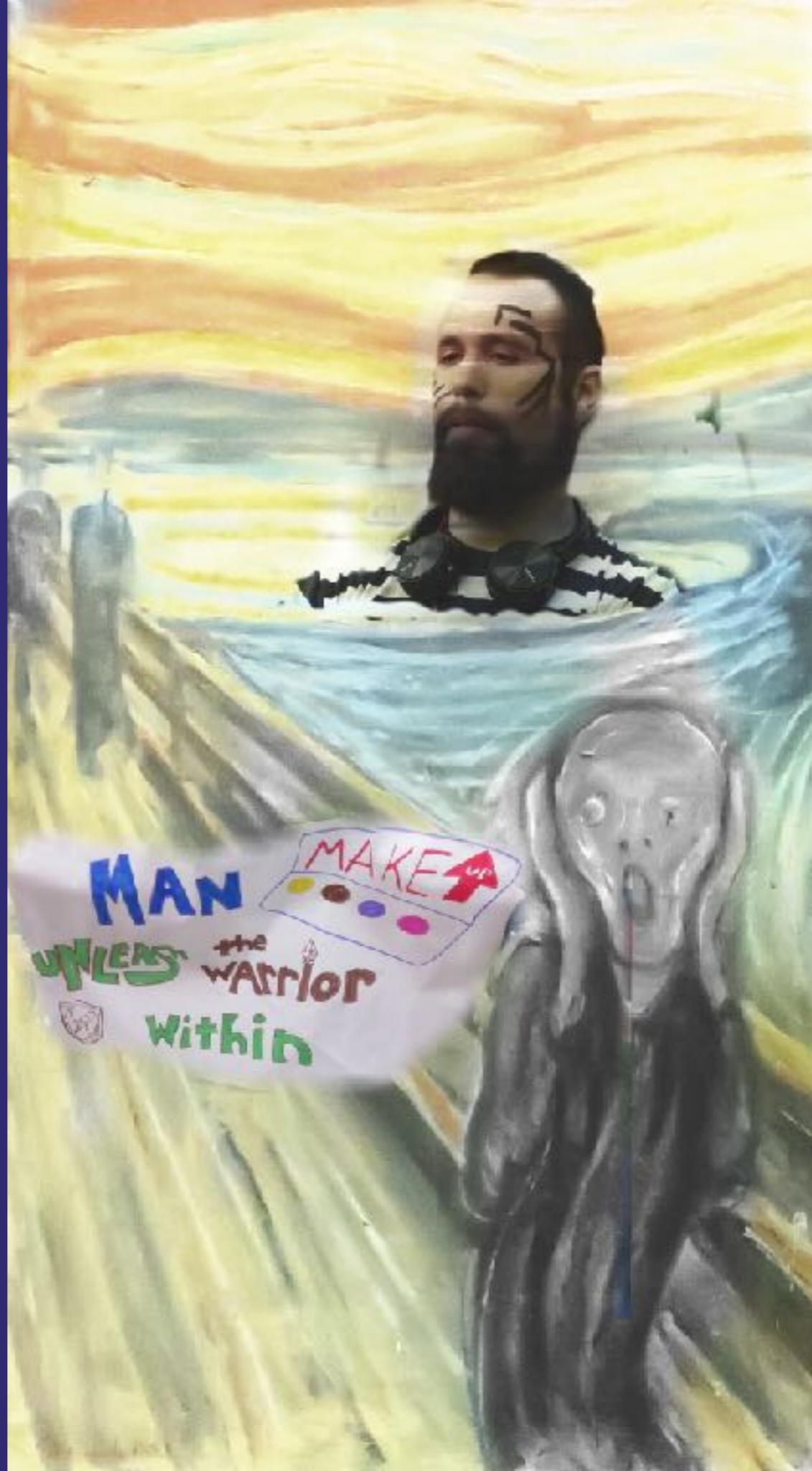


Combining 2 Photos









MAN
MAKES
the
WARRIOR
Within



What is Abstract Photography?

Perspectives
and Examples

“Here’s the acid test:
If you look at a photo and there’s a voice inside
of you that says
“What is it?
..Well, there you go. It’s an abstract
photography.”

–John Suler, Photographer and Professor of Psychology

10 Easy Ways to Create Abstract iPhone Photos

1. Look for geometric shapes
2. Use Lines and Curves
3. Find Repeating Patterns
4. Seek out Textures
5. Make use of Color
6. Capture Light and Shadows
7. Include Negative Space
8. Shoot Reflections
9. Blur or Distort Your Subject
10. Use Editing Apps to Create Abstracts

From iphonephotographyschool.com

Day 3 Assignment: Abstraction, the Future, and Dreamscapes

- Your assignment is to take three abstract images that represent you over 3 different time frames...
- Now
- Future TimeFrame # 1
- Future Time Frame # 2



Future TimeFrames could be:

- 6 months and 1 year
- 1 year and 5 years
- 1 month and 3 months
- 1 year and 10 years



Agenda: Day Four Defining Your Third Eye

- Create a Vision of yourself via Dreamscapes
 - Create Dreamscapes that represents each point in time
 - Create and record the story **about you** illustrated by your Dreamscape!
- The Third Eye: combining **Vision and Wisdom**
 - **Discover insights**
 - **Start defining your “vision of photography”**
- What happens next?

The Third Eye

- What is it?
- Combines vision and wisdom
 - Starts defining your “voice”, your “vision”
- Becomes prophetic: Says something about you, your interactions with others, and the world around you

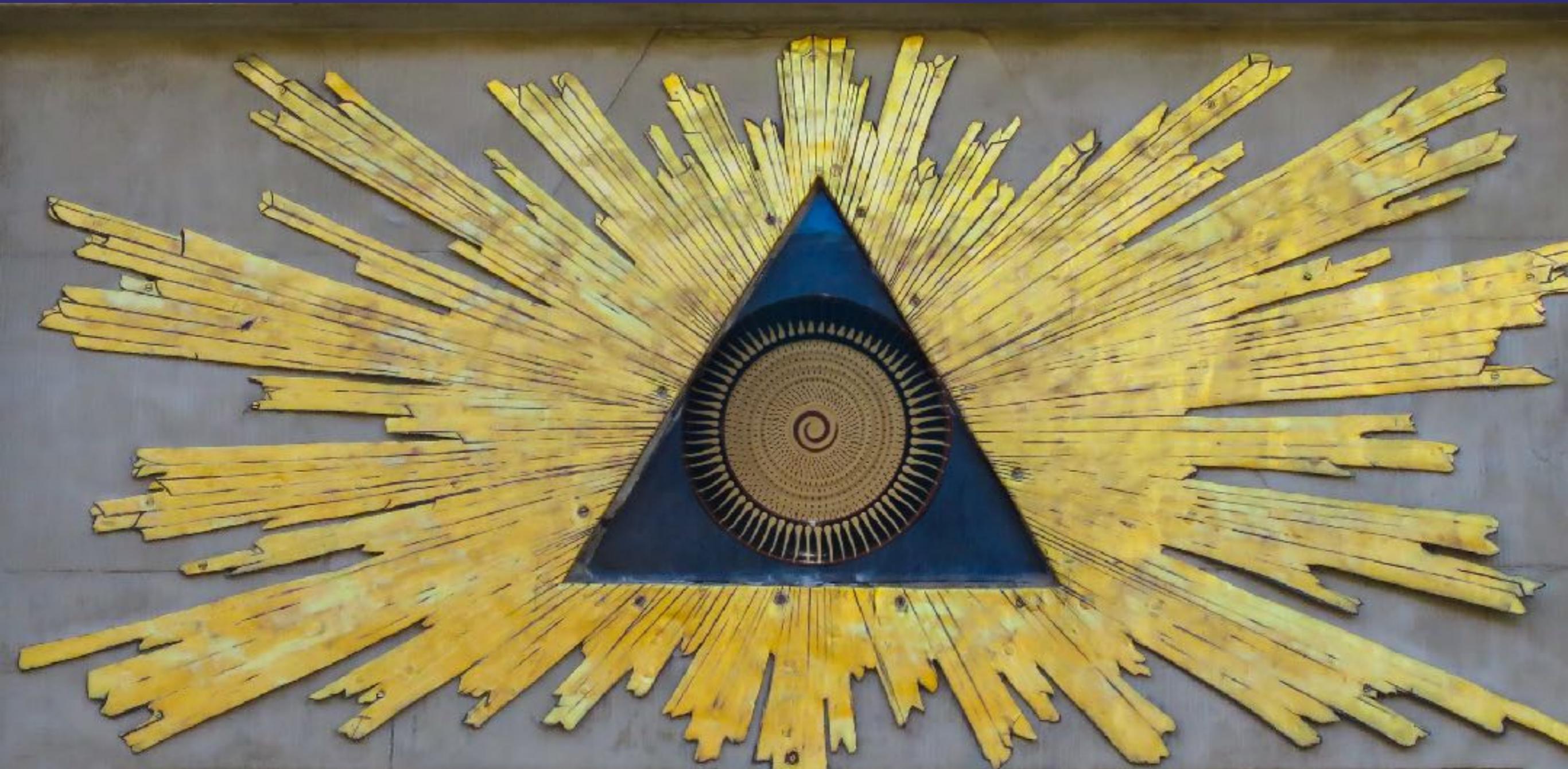
The Third Eye

- Two Approaches
 - Creating a vision of your future via
Dreamscaped Images and Reflection
 - Determining your “**voice**” by looking over your past images, being thoughtful about the overall photographic meaning and creating titles to describe your voice.

Creating a Vision of You using Dreamscapes

- This is a short explanation. Check the documents about Dreamscapes in Dropbox for a longer explanation.
- **Step One: Taking Photos**
 - Take or find photos that represents you in three points in time: Now, Time Frame 1, Time Frame 2
- **Step Two: Initial Reflection**
 - Look over your three photos and reflect about all the ways these photos represent you. Write these reflections down.
- Step Three: Highlighting key areas
 - Read over your reflections and highlight any phrases or words that really speak to you right now.
- **Step Four: Create a Title for each Timeframe**
 - Generate potential titles for each Timeframe. Pause. Select a title that speaks to you right now for each timeframe.
- **Step Five: Contemplation: What and How you Dream**
 - Spend some time contemplating what your dreams look like and how you dream. Write these reflections down.
- **Step Six: Creating Dreamscapes**
 - Using PicsArt and/or Snapseed, create as many dream-like images thinking about your images, your reflections, and what and how you dream. Go beyond 3 or 4 and try to stretch yourself to at least 10 different representations of each timeframe.
- **Step Seven: Selection**
 - Look over your contemplations and your dreamscaped images and select one for each timeframe that speak to you right now.
- **Step Eight: Projecting yourself into your future: Contemplation of each Dreamscaped Image**
 - What are all of the ways that each Dreamscape image represents the NOW and your future? Go over your writing and highlight those areas that best describe you in these three time frames.
- **Step Nine: Steps moving into the future**
 - Look at your highlighting areas and generate activities/situations that can help you move towards your vision of the future. Use this phrase, **What I see myself doing is....**
- **Step Ten:**
 - Periodically go over your images, your dreamscapes writing, and your steps to move into the future and assess your own progress. Readjust as necessary. Celebrate if you find some sort of alignment or resonance over time.

The Third Eye



The Third Eye: How?

- Select images that speak to you and suggest new insights/perceptions about yourself
- Start to define your “vision” of photography and how it feeds your prophetic wisdom of self, others, and the world around you



Seeker of Beauty

Seeker of Beauty



Seeker of Beauty



Seeker of Beauty



What Happens Next?

- Take an incubation break and then go over your images and your writing. See if other insights emerge. Look at various ways of defining your own voice; capture key words and phrases
- Look at your Dreamscapes, now and in the future. Have they provided any insights? What might you have to do to prepare your mind to receive visions of the future?