

The Hero Within – Resources

Books

1. Living Loving and Learning by Leo F. Buscaglia
[Amazon](#)
2. The Little Book of Ikigai by Ken Mogi
[Amazon](#)
3. Top Five Regrets of the Dying: A Life Transformed by the Dearly Departing by Bronnie Ware
[Amazon](#)
4. The Alchemist by Paulo Coelho
[Amazon](#)

Ted Talks

1. Max Strom - [Link](#)
2. Benjamin Zander – [Link](#)

Shameless Self-Promotion

1. Facebook: <https://www.facebook.com/breakthethreshold/>
2. Facebook: <https://www.facebook.com/Imaginification/>
3. Website: <https://nlpwithpurpose.com>
4. Website: <https://breakthethreshold.com>
5. Webinar recordings: <https://breakthethreshold.com/resources/webinars/>
6. Workbook: [Dropbox Link](#)

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